



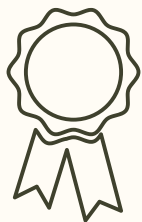
YOU.
Academy

**Confidently Build A Career in
Advanced Skin and Aesthetics**

2026 Prospectus

WHY CHOOSE YOU ACADEMY?

A Training Experience Built Around Real-World Success



100% pass rate.
Every qualification is externally examined giving you credibility that clients and insurers respect.



Internationally recognised.
CIBTAC courses are recognised in 30+ countries, future-proofing your career wherever you go.



Fast return on investment.
Most learners increase their prices or add new services within 3–6 months of qualifying.



Learn from real salon & clinic owners.
Our educators actively run busy clinics delivering 4 and 5 figure treatment packages daily.



Hybrid learning that fits your lifestyle.
Study theory flexibly online, then build hands-on confidence in our live practical training.



One-to-one support at every stage.
We guide you from your first step all the way to advanced practice, including business support.

REGULATION & COMPLIANCE

Train the Right Way and Stay Ahead of New UK Licensing Laws

The aesthetics industry is changing fast. Laser, skin rejuvenation, micro-needling, chemical peels, injectables, and tattoo removal are moving towards mandatory government licensing.

This means practitioners will need:

- ✓ Recognised OFQUAL qualifications
 - ✓ Evidence of competency
- ✓ Approved treatment-specific training
 - ✓ Safe practice standards

YOU. Academy ensures you're ahead of the change, not at risk because of unregulated CPD-only training.

All our courses align with:

- OFQUAL frameworks
- CIBTAC standards
- Insurance-approved requirements
- New UK licensing proposals

You train once and train properly!

HealthXchange

OUR PARTNERSHIP WITH HEALTHXCHANGE Premium Technology Meets Regulated Training

We are proud to be a HealthXchange Education Partner, giving our learners exclusive access to:

**The Ultra LUX Pro (12 treatments, 1 platform)
Medical-grade skincare and aesthetic supplies
Continued professional development opportunities
Exclusive machine + qualification bundles**

This partnership means you're not just learning treatments you're learning on the same platforms used in top UK clinics, supported by the UK's leading medical aesthetics pharmacy.

Only YOU. Academy offers Ultra LUX Pro training paired with OFQUAL-regulated qualifications.

Access Course



CIBTAC LEVEL 3 CERTIFICATE IN THE PRINCIPLES OF COSMETIC PRACTICE

If you want to enter aesthetics but feel overwhelmed, underqualified, or unsure where to start Level 3 gives you the essential building blocks.

This course prepares you for advanced Level 4 and Level 5 study and ensures you start your career with correct consultation, anatomy, and treatment fundamentals instead of rushing into unsafe CPD pathways.

YOU'LL LEARN:

- Cosmetic practice foundations
- Skin anatomy & physiology
- Consultation, ethics & client care
- Treatment planning & safety protocols

IDEAL FOR:

Beginners starting their journey to advanced skin & laser qualifications.

ENTRY REQUIREMENTS:

Fluency in English.

COURSE FORMAT:

Observation, case studies, tutorials, client feedback.

Laser Courses



CORE OF KNOWLEDGE FOR LASER AND LIGHT

This is an insurance approved foundation for all professional laser practitioners.

This qualification builds your Core of Knowledge and meets the new expectations for safe, compliant practice in the UK. If you want to work professionally with laser and light devices or progress to Level 5, Level 4 is your mandatory stepping stone.

YOU'LL LEARN:

- Laser & light physics
- Safety, risk assessment & treatment protocols
- Health & safety in clinical practice
- Client care, consultation & contraindications
- Fundamentals of the Medispa environment

PAIN POINT SOLVED

Flexible learning online with tutor support. Can be completed around work commitments.

ENTRY REQUIREMENTS

- Level 3 Beauty Therapy
- Evidence of suitability for Level 4 study
- IELTS 6.5 if English is not your first language

COURSE DURATION:

Full and part time options available to suit your individual needs.

Laser Courses

YOU'LL LEARN:

- Safe use of laser & IPL for hair removal
- Skin rejuvenation settings, parameters & outcomes
- Skin assessment & treatment planning
- Contraindications, complications & safe practice
- Practical skills under expert supervision

WHY STUDENTS CHOOSE THIS COURSE:

Many learners come to us after feeling under trained, unsure, or unsafe after CPD only courses. This Level 4 gives you the confidence, competency and credibility you deserve.

ENTRY REQUIREMENTS:

Healthcare professionals & Level 3 beauty therapists.

COURSE DURATION:

From 2 months full-time or 6 months part-time depending on learner competency.



CIBTAC LEVEL 4 LASER AND LIGHT LASER HAIR REMOVAL AND SKIN REJUVENATION

Hands on, in demand skills for the UK's fastest-growing aesthetic treatments.

Laser hair removal and skin rejuvenation are among the highest-demand services in the UK. This qualification equips you with the real world, regulated training you need to deliver safe, effective treatments and to stand out from the many poorly trained, uninsured practitioners in the industry.

Laser Courses



CIBTAC LEVEL 5 LASER AND LIGHT TATTOO REMOVAL

Advanced laser mastery for professionals progressing into high-level aesthetic practice. Laser tattoo removal requires deep technical understanding and advanced practical skill.

This Level 5 qualification is designed for practitioners who want to expand into complex laser work, unlock new revenue streams, and meet the highest standards of clinical safety.

YOU'LL LEARN:

- Advanced laser physics & Q-switch/ND:YAG operation
- Mechanisms of ink fragmentation & wavelength selection
- Complication prevention & clinical risk management
- Complex case handling & treatment progression
- Client management for corrective & advanced work

PAIN POINT SOLVED:

Many clinics struggle to find properly qualified tattoo removal specialists. This qualification positions you as a safe, competent, advanced laser practitioner.

ENTRY REQUIREMENTS:

Level 4 Laser & Light
Fluency in English

COURSE FORMAT:

- Observed practice
- Case-based learning
- Supervisor feedback
- Client feedback
- Tutorials & lectures

Skin Courses

YOU'LL LEARN:

- Microneedling principles & protocols
- Chemical peel classifications & indications
- Advanced skin assessment
- Managing sensitivities, reactions & complications
- Delivering professional, results-driven treatment plans

PAIN POINT SOLVED:

Many therapists feel under confident offering advanced skin treatments. This course gives you competency backed by regulated qualification.

ENTRY REQUIREMENTS:

Level 3 Beauty / Cosmetic Practice
Or applicable healthcare professions

COURSE DURATION:

From 2 months full-time or 6 months part-time dependant on learner competency.



GIBTAG LEVEL 4 SKIN REJUVENATION MICRO NEEDLING AND PEELING

Regulated advanced skin training for safe, effective real-world practice.

This qualification gives you the advanced skills to perform clinical micro-needling and chemical peel treatments safely and professionally. With improper training widespread in the industry, Level 4 ensures you meet the standards insurers and clients expect.

Skin Courses



CIBTAC LEVEL 5 IN SKIN REJUVENATION

Advanced clinical skin science for serious professionals progressing toward advanced aesthetics.

Designed for practitioners who want to treat more complex skin conditions and progress toward Level 7 injectables, Level 5 delivers deeper scientific understanding and advanced corrective treatment knowledge.

YOU'LL LEARN:

- Advanced micro-needling & peel modalities
- Skin histology & wound healing
- Corrective and combination treatment planning
- Treatment of complex skin conditions
- Clinical judgement & risk management

ENTRY REQUIREMENTS:

Regulated Level 4 in Micro-needling or Peeling or Skin Rejuvenation
Or relevant healthcare background

PAIN POINT SOLVED:

Many therapists feel under confident offering advanced skin treatments.

Course Duration:

From 2 months full-time or 6 months part-time dependant on learner competency.

Aesthetic Courses

YOU'LL LEARN:

- Toxin & dermal filler techniques
- Advanced facial anatomy & physiology
- Complication management & emergency protocols
- Client assessment, ethics & treatment planning
- UK legal, licensing & insurance frameworks

IDEAL FOR:

- Practitioners progressing from Level 5 & 6
- Healthcare professionals transitioning into aesthetics
- Serious learners who want safe, compliant injectable careers

ENTRY REQUIREMENTS:

- Level 5-6 Skin (OFQUAL)
- OR medical registration: NMC, GMC, GDC, GPhC
- Pathway 3+4+5 for non-medics
- IELTS 6.5 if English is not first language

OUTCOME:

- ✓ Full licensing & insurance readiness
- ✓ Meets UK compliance standards
- ✓ Recognised professional qual



LEVEL 7 AESTHETICS PRACTICE

The UK's highest standard for injectable aesthetics for practitioners committed to clinical excellence.

This is the gold-standard qualification for injectable practice in the UK. Level 7 is not just a course it is a professional pathway designed for those who refuse shortcuts, want to practise ethically, and want to build a long-term, compliant, insurable career in aesthetics.

This programme is aligned with upcoming government regulation, setting you apart from CPD-trained injectors who may soon be unable to legally practise.

Aesthetic Courses



AESTHETIC 360™ FULL PATHWAY

The complete, start-to-finish route to becoming a fully qualified, in-demand skin & aesthetics professional.

Aesthetic 360™ is our most comprehensive pathway designed for learners who want a structured, credible, no-fluff route into aesthetics that leads all the way to Level 7 injectables.

This programme removes the confusion and overwhelm so many new practitioners feel. You don't have to piece together random CPD courses that leave you undertrained. Instead, we guide you step-by-step through every required qualification.

YOU'LL LEARN:

- Level 3: Cosmetic practice foundations
- Level 4: Microneedling, chemical peels, laser fundamentals
- Level 5: Advanced skin science, peels & microneedling
- Level 6 Range of options available to suit individual needs
- Level 7: Injectables, anatomy, complication management

YOU'LL GRADUATE WITH:

- ✓ OFQUAL Regulated qualifications
- ✓ Full insurance & licensing eligibility
- ✓ Real clinic experience
- ✓ Business mentoring built into every stage

IDEAL FOR YOU IF:

- You want a real career in aesthetics but don't know where to start
- You've completed CPD and realised you need proper qualifications
- You want a safe, compliant, long-term pathway

DURATION:

From 12–18 months (flexible scheduling) dependant on learner competency.

OFQUAL-REGULATED COURSES

Full list of accredited qualifications Levels 2-7

Level 2–3 (Foundation)

Level 2 Facial Skincare

Level 2 Infection Control

Level 2 Facial Services

Level 2 Beauty therapy services

Level 3 Electrical Epilation

Level 3 Electrotherapy

Level 3 Anatomy & Physiology

Level 3 Principles of Cosmetic Practice

Level 3 Facial applications

Level 3 Beauty Therapy

Level 3 Education and Training

Level 3 Assessing Competence in the Work Environment

Level 4 (Advanced Skin & Laser)

Level 4 Laser & Light Hair Removal

Level 4 Laser & Light Skin Rejuvenation

Level 4 Core of Knowledge for Aesthetic Practice

Level 4 Micro-needling

Level 4 Chemical Peels

Level 4 Blemish Removal by Thermolysis

Level 4 Eyebrow Micro-pigmentation

Level 4 Chemical Peels and Microneedling

Level 4 Advanced Skin Studies and the Practice of
Chemical Peels and Microneedling

OFQUAL-REGULATED COURSES

Level 5-7 Tailored to meet individual needs

Level 5 (Clinical & Corrective Skin)

Level 5 Laser Tattoo Removal

Level 5 Micro-needling

Level 5 Chemical Peels

Level 6 (Medical-Level Skin Work)

Level 6 options available based on qualification and experience

Level 7 (Injectable Aesthetics)

Level 7 Certificate in Non-surgical
Aesthetic Injectable Procedures using
Botulin Toxin, Dermal Filler & Skin
Boosters

CPD

**ADD-ON SKILLS, UPSELLING TREATMENTS & SPECIALIST TECHNIQUES,
PERFECT FOR PROFESSIONALS WHO WANT TO EXPAND THEIR TREATMENT MENUS
OR BUILD CONFIDENCE WHILE WORKING TOWARDS REGULATED QUALIFICATIONS.**

BEAUTY CPD

Lash Extensions
Brow Lamination
Natural Lashes

AESTHETICS CPD

Foundation Botox
Foundation Dermal Filler
Advanced Anti-Wrinkle
Hyperhidrosis
Toxin Conversion
Advanced Filler (Lips, Cheeks, Jawline)
Russian Lip Masterclass
Cannula Techniques
Complications & Dissolving
Sclerotherapy
Phlebotomy
PRP (Face + Body)
Skin Boosters
Fat Dissolving
B12 Injections

CPD BUILDS CONFIDENCE, BUT DOES NOT REPLACE OFQUAL QUALIFICATIONS.
WE GUIDE YOU ON WHAT'S REQUIRED LEGALLY AND PROFESSIONALLY.

Ready to Start Your Real Career in Skin, Laser, and Aesthetics?

We'll guide you to the right qualification based on your experience, goals, and confidence level.

Email: courses@you-academy.co.uk

Phone: 01277 361516

Website: www.you-academy.co.uk

Our team will help you choose the best starting point and pathway for your career.